

# My Name is Not Refugee

## Lesson 1: Being Safe

**Aim:**

**To examine the idea of safety, physically and emotionally and identify reasons people need to leave home**

Focus theme for this lesson

**Being Safe**

Themes Explored

- 1) Safety
- 2) Reasons people become refugees
- 3) Family
- 4) Danger

Duration:

10-20 minutes

Skills developed:

*Paired discussion*  
*Listing reasons for having to leave home*

Expressive Arts Skills:

*Thinking in role*  
*Imaginative thinking*

E's and O's: Refer to Overview

Resources:

1. 'Safe Words' jar and 'Not Safe' Words jar
2. The book or the online presentation pictures from the book

## Being Safe – 10 mins

**Q.** What makes you feel safe? In pairs or with class teacher, discuss and share what you come up with. Teacher writes these down on individual pieces of paper.

**Q.** How does it feel to be safe? Repeat this process. The words are put into a word jar to keep them safe!

**Task.** Close your eyes. Think of a safe place. What did you see? Teacher writes down the responses.

**Q.** What is the opposite of 'safe'? What could 'not safe' mean for this boy in the story and his Mum? Why do you think people might have to leave their homes?

**Task:** How might you feel when you are not safe? Discuss. Choose words that would describe what you might feel if you were not safe. The words are put into a word jar to keep them safe!

**Q.** What could 'not safe' mean for this boy and his Mum? Why do you think people might have to leave their homes?

**Task.** Look at the first few pictures once again to address this and discuss.

